

Physical Fitness Camp

A Programme on Physical Fitness was taken on 21/06/2023 at 7.00 a.m. in the College Premises. Under the guidance of Hon'ble Principal, Dr. M. J. Meshram, and Dr, Rajendra Shalik Gore, Director of Physical Department, Shivaji Mahavidyalaya, Gadchiroli. At this moment, all the Senior teaching staff, Junior teaching Staff and all the non-teaching staff were prominently present. Dr. Gore, Director of Physical Department threw the light on the importance of good health. And why should we must keep ourselves fit and if we wish to live our life without any tension and illness, then we shall have to spend at least one hour for our good health.



